

"Have and Need"

An Awareness Activity for Youth and Adults

Instructions:

1. Review the following list and draw a **circle** around each thing you need - those things you would find it hard to do without:

- Air Conditioning
- A college education
- Wearing the latest fashions
- Being part of a church
- Pets
- Sports
- A family to belong to
- I-Pod
- Christmas presents
- Hearing or playing music
- Throwaway bottles/cans
- Bike
- More than five shirts/blouses
- Disposable plates/cups
- More than 10 toys/gadgets
- Internet
- Car
- Hair dryer/curler
- Several close friends
- Playground
- Television
- Desserts/candy
- Health
- Water
- Daily newspaper
- Magazines and books
- Dishwasher
- Three meals a day
- Opportunities to travel
- Daily baths/showers
- Doctor/dentist
- Public transportation
- Housing
- Cell phone
- Coffee or tea or pop

2. Draw a **line** under all the things you actually have.

3. Put a **check** mark in front of the things you think a child in a developing country overseas cannot do without.

4. Is there anything that you circled, but did not check? If so, what?

5. Look at the items that are underlined only. These are the things you have, but could do without. Which would be the hardest for you to give up?

6. What have you learned from doing this exercise?